

Senior Lounge Hours
Tuesdays/Wednesday/Fridays
10:00am-1:00pm

PENINSULA SHEPHERD CENTER SAN DIEGO
November 2022

Transportation Hours
Monday-Friday: 9:00am-1:00pm
Sundays: Church Services

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Van Errands: 9am-1pm PL Hervey Library Movie Night 6pm	2 Van Errands: 9am-1pm PSC Bingo/Zingo 11am	3 Van Errands: 9am-1pm Tai Chi 1-2pm	4 Van Errands: 9am-1pm Sacred Heart Lunch 11:30 am	5
6 Van: Sunday Church Services	7 Van Errands: 9am-1pm PSC Computer Class 9-10:30am	8 Van Errands: 9am-1pm PLCPC Luncheon 10am PL Hervey Library Movie Night 6pm	9 Van Errands: Trader Joe's & Von's 9am-1pm PSC Bingo/Zingo 11am Bach at Noon 12pm Forever Fit 9-9:50am	10 Van Errands: 9am-1pm Tai Chi 1-2pm	11 Van Errands: 9am-1pm PSC Closed 	12
13 Van: Sunday Church Services	14 Van Errands: 99 Cents Store 9am-1pm	15 Van Errands: 9am-1pm PL Hervey Library Movie Night 6pm	16 Van Errands: Ralph's & Target 9am-1pm PSC Bingo/Zingo 11am PLCPC Presentation 12pm Forever Fit 9-9:50am	17 Van Errands: 9am-1pm PSC & YMCA Lunch Bunch 11am Tai Chi 1-2pm	18 Van Errands: 9am-1pm PSC Movie Day 10:30am 	19
20 Van: Sunday Church Services	21 Van Errands: 9am-1pm PSC Computer Class 9-10:30am	22 Van Errands: 9am-1pm PSC Cabrillo Excursion 10am PL Hervey Library Movie Night 6pm	23 Van Errands: Sprouts & CVS 9am-1pm PSC Pizza & Bingo/ Zingo 11am Friends of PSC Meeting 1pm Forever Fit 9-9:50am	24 Van Errands: 9am-1pm Tai Chi 1-2pm	25 PSC Closed 	26
27 Van: Sunday Church Services	28 Van Errands: Walmart 9am-1pm PSC Needlers 10am-12pm	29 Van Errands: 9am-1pm PSC Chat & Fold 9am PL Hervey Library Movie Night 6pm	30 Van Errands: Baron's 9am-1pm PSC Bingo/Zingo October Birthday Party 11am PLCPC Outing 10am Forever Fit 9-9:50am			

Come Join Us at Lunch Bunch!

Enjoy a warm Thanksgiving meal and
give thanks with Peninsula Shepherd
Center and the YMCA!



Lunch \$5

Menu: Turkey, Stuffing, Pumpkin Pie, and more!

Thursday, November 17, 2022 at 11am
Gooden Hall

1475 Catalina Boulevard, San Diego

RSVP by November 15 to the PSC Office at (619) 223-1640

THANK YOU TO OUR SUMMER CELEBRATION
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