




Senior Lounge Hours
Tuesdays/Wednesdays/Fridays
10:00am-1:00pm

PENINSULA SHEPHERD CENTER SAN DIEGO
September 2023

Transportation Hours
Monday-Friday: 9:00am-1:00pm
Sundays: Church Services

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Van Errands: 9am-1pm	2
3 Van: Sunday Church Services	4 No Van Service PSC Office Closed 	5 Van Errands: 9am-1pm	6 Van Errands: Ralph's & Target 9am-1pm PSC Bingo/Zingo 11am Forever Fit 9-9:50am	7 Van Errands: 9am-1pm PSC Executive Board Meeting 10am Tai Chi 1-2pm	8 Van Errands: 9am-1pm PSC Movie Day 10:30am 	9
10 Van: Sunday Church Services	11 Van Errands: 99 Cents Store 9am-1pm PSC Computer Class 9-10:30am PSC General Board Meeting 11am	12 Van Errands: 9am-1pm PLCPC Lunch 10am	13 Van Errands: Sprouts & CVS 9am-1pm PSC Pizza & Bingo/ Zingo 11am Forever Fit 9-9:50am	14 Van Errands: 9am-1pm Tai Chi 1-2pm	15 Van Errands: 9am-1pm	16
17 Van: Sunday Church Services	18 Van Errands: Walmart 9am-1pm PSC Computer Class 9-10:30am	19 Van Errands: 9am-1pm	20 Van Errands: Trader Joe's & Von's 9am-1pm PSC Bingo/Zingo 11am PLCPC SHARP Lecture Friends of PSC Meeting 1pm Forever Fit 9-9:50am	21 Van Errands: 9am-1pm PSC Lunch Bunch 11am Tai Chi 1-2pm	22 Van Errands: 9am-1pm	23
24 Van: Sunday Church Services	25 Van Errands: 9am-1pm PSC Needlers 10am-12pm	26 Van Errands: 9am-1pm PSC Excursion— Maritime Museum 10:00am	27 Van Errands: Ralph's & Target 9am-1pm PSC Bingo/Zingo September Birthday Party 11am PLCPC Excursion 12pm Forever Fit 9-9:50am	28 Van Errands: 9am-1pm Tai Chi 1-2pm	29 Van Errands: 9am-1pm PSC Chat & Fold 9am	30

THANK YOU TO OUR SUMMER CELEBRATION
2023 SPONSORS!



Oliver Stahl
Agent
2621 Denver Street Suite B
San Diego, CA 92110-3300
Bus 619 822 1156
oliver.stahl.vabegr@statefarm.com
Insurance License #1543323



*Like a good neighbor, State Farm is there.**



Harbor View
Senior Assisted Living

