





Senior Lounge Hours  
Tuesdays/Wednesdays/Fridays  
10:00am- 1:00pm

PENINSULA SHEPHERD CENTER SAN DIEGO  
March 2023

Transportation Hours  
Monday-Friday: 9:00am- 1:00pm  
Sundays: Church Services

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
  			<p>1 Van Errands: <i>Trader Joe's &amp; Von's 9am-1pm</i> PSC Bingo/Zingo 11am  Forever Fit 9-9:50am</p>	<p>2 Van Errands: 9am-1pm  Tai Chi 1-2pm</p>	<p>3 Van Errands: 9am-1pm Sacred Heart Lunch 11:30 am</p>	<p>4</p>
<p>5 Van: Sunday Church Services</p>	<p>6 Van Errands: 99 Cents Store 9am-1pm PSC Computer Class 9-10:30am</p>	<p>7 Van Errands: 9am-1pm  PL Hervey Library Movie Night 6pm</p>	<p>8 Van Errands: <i>Ralph's &amp; Target 9am-1pm</i> PSC Bingo/Zingo 11am  Forever Fit 9-9:50am</p>	<p>9 Van Errands: 9am-1pm PSC Executive Board Meeting 10am  Tai Chi 1-2pm</p>	<p>10 Van Errands: 9am-1pm PSC Movie Day 10:30am  </p>	<p>11</p>
<p>12 Van: Sunday Church Services</p>	<p>13 Van Errands: 9am-1pm PSC General Board Meeting 11am</p>	<p>14 Van Errands: 9am-1pm PLCPC Lunch 10am  PL Hervey Library Movie Night 6pm</p>	<p>15 Van Errands: <i>Sprouts &amp; CVS 9am-1pm</i> PSC Bingo/Zingo 11am Friends of PSC Meeting 1pm PLCPC Workshop 12pm Forever Fit 9-9:50am</p>	<p>16 Van Errands: 9am-1pm PSC Lunch Bunch 11am  Tai Chi 1-2pm</p>	<p>17 Van Errands: 9am-1pm  </p>	<p>18</p>
<p>19 Van: Sunday Church Services</p>	<p>20 Van Errands: 9am-1pm PSC Computer Class 9-10:30am</p>	<p>21 Van Errands: 9am-1pm  PL Hervey Library Movie Night 6pm</p>	<p>22 Van Errands: <i>Ralph's &amp; Target 9am-1pm</i> PSC Pizza &amp; Bingo/Zingo 11am PLCPC Workshop 12pm Forever Fit 9-9:50am</p>	<p>23 Van Errands: 9am-1pm  Tai Chi 1-2pm</p>	<p>24 Van Errands: 9am-1pm PSC Chat &amp; Fold 9am</p>	<p>25</p>
<p>26 Van: Sunday Church Services</p>	<p>27 Van Errands: <i>Walmart 9am-1pm</i> PSC Needlers 10am-12pm</p>	<p>28 Van Errands: 9am-1pm PSC Walks—Mission Bay Park 10am  PL Hervey Library Movie Night 6pm</p>	<p>29 Van Errands: <i>Trader Joe's &amp; Von's 9am-1pm</i> PSC Bingo/Zingo March Birthday Party 11am PLCPC Workshop 12pm Forever Fit 9-9:50am</p>	<p>30 Van Errands: 9am-1pm  Tai Chi 1-2pm</p>	<p>31 Van Errands: 9am-1pm</p>	



## NEW! Produce Pantry

### New Produce Pantry Opening February 17, 2023

Starting February 17, 2023 the Ryan Family YMCA will be hosting a produce pantry in partnership with Feeding San Diego

**Ocean Beach Ryan Family YMCA**  
4390 Valeta St, San Diego, CA 92107

**Every First and Third  
Friday  
11 a.m. to 12 p.m.**

6-8 types of fresh produce available.

Please note, this distribution is first come, first serve. This distribution is walk-up, please bring your own bags/wagon.



To find other food distributions near you, visit the Find Food Map on our website and enter your zip code or call 858.452.3663

[feedingsandiego.org/find-food](https://feedingsandiego.org/find-food)

For more information about other resources available to you, call 2-1-1 or visit [211sandiego.org](https://211sandiego.org).

THANK YOU TO OUR SUMMER CELEBRATION  
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